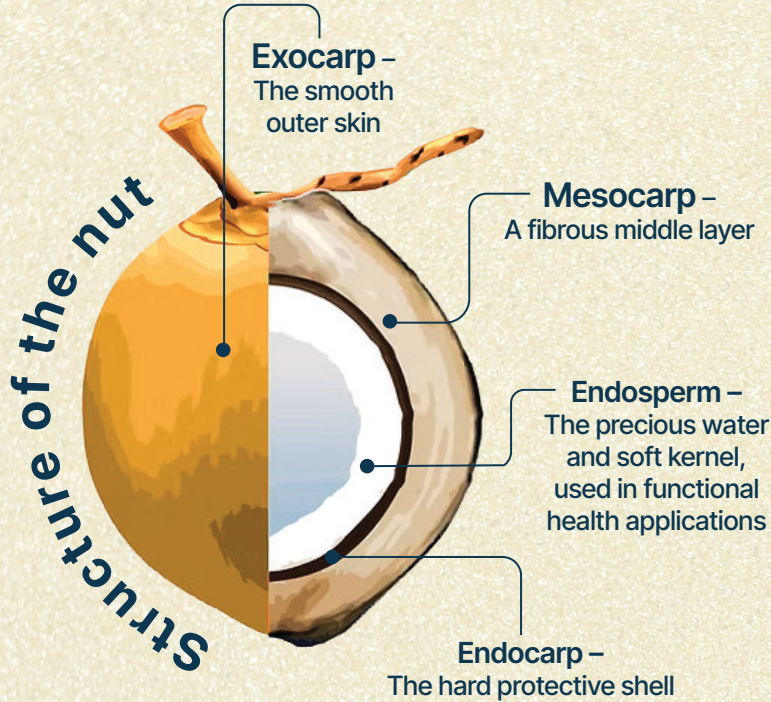


KING COCONUT WATER

The Golden Elixir from Sri Lanka



What is King Coconut?

King Coconut (*Cocos nucifera* var. *aurantiaca*) is a vibrant, golden-husked variety native to Sri Lanka. Known for its naturally sweet water and high electrolyte content, this nut has long been revered in indigenous practices and is now gaining global recognition for its scientifically proven health benefits.

A Natural Nutrient Powerhouse

King Coconut Water is a natural isotonic beverage with a unique nutritional profile:

- ✓ High in electrolytes: Potassium, Calcium, Sodium, Magnesium, Chloride and Phosphate
- ✓ Rich in B-complex vitamins and amino acids
- ✓ Contains more magnesium and calcium than oranges
- ✓ Has more potassium than bananas

Packed with Bioactive Goodness

Beyond hydration, King Coconut offers powerful functional compounds:



Bioactive enzymes that support digestion and boost metabolism



Rich in flavonoids & phytochemicals that support overall wellness



Benefits at a Glance

- ✓ **Hydration & Electrolyte Balance** – Acts as a natural sports drink with rapid absorption
- ✓ **Blood sugar Control** – Helps regulate blood sugar and improves insulin sensitivity
- ✓ **Metabolic Support** – Enzymes promote healthy digestion
- ✓ **Cardiovascular Health** – L-arginine supports heart function and relaxation
- ✓ **Good for Skin** – Naturally helps slow aging.
- ✓ **Cognitive & Hormonal Support** – Culturally known for male reproductive health.
- ✓ **Maternal Wellness** – Safe and nourishing for pregnant and nursing mothers.
- ✓ **Urinary path cleanser** – used to clean urinary paths
- ✓ **Treats dysentery & liver conditions in traditional medicine**
- ✓ **Reduces inflammation, fever, and blood pressure**
- ✓ **Promotes renal regeneration and detoxification**

Miditer's commitment to Purity & Wellness

At MIDITER, we go beyond product quality. Our King Coconut range is harvested sustainably from local farms in Sri Lanka, ensuring:



Seed-to-table transparency



Empowerment of rural farming communities



Unmatched natural hydration, without preservatives or additives

Bring home the wellness of ancient tradition, backed by modern science.

References & Further Reading

<https://jnsfsl.sljol.info/articles/11127/files/64a3d03c6bbd4.pdf>

https://specialtyproduce.com/produce/King_Coco-nut_15058.php#:~:text=King%20coconuts%20are%20a%20rich,more%20potassium%20than%20a%20banana

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<http://dx.doi.org/10.4038/slifa.v7i1.90>

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